

Kū 'Āina Pā  
Summer Intensive 2016

Seed Saving and Seeds

At Māla'ai: The Culinary Garden of Waimea Middle School

**Seeds**

Seeds have an intelligence; they know when to germinate, or break dormancy, when triggered by moisture, temperature, and sometimes light. They also carry the essence of the plant that they will become.

Seed Bank

Monocots (corn)

Dicots (bean)

Dormancy

Germination

**Storing Seeds- Cool, Dark, and Dry**, the lower humidity, the better.  
Most seeds remain viable for between 1 and 5 years.

**Reading a Seed Packet**

Season

Sun exposure

Soil temperature

Days to germination

Planting depth

Spacing (Planting in triangulation)

Thinning

Days to Harvest

**Record Keeping-** reference